



AB GERMA

- a company in the ferno norden group -

INSTRUCTION **EASYLIFT SHOULDER**

EasyLift an equipment which is designed to ease the burden especially on the users hands, fingers and arms when lifting/carry. The advantage is rapidly accruing easing of weight on fingers and arms to the shoulders. Handling of a stretcher similar to lifting without EasyLift equipment, be careful to follow the instructions for safe lifting and unloading of heavy duty and lifting over long distances.



1. Make sure to dress the equipment with harness and buckles on the front.



2. Make sure to dress with the "cross" located in the middle of the upper back.



3. Place the middle finger in the finger pockets at the bottom of the strap on each side. Adjust the strap so that you have slightly bent arms.



4. Grasp the handle a bit longer towards your hand wrist than normal.



5. When you clench your hand may your finger slip out of the finger pocket, this does not affect the use, finger pocket is only to guide the strap to the top position.



6. On the friction strap, at the bottom there is a Velcro sewn, fold up the strap and attach it. You can now wear Easy Lift over or under the vest / jacket out of sight. If you get too much strap out, would it be an advantage to fold it into the carabines, to be positioned not getting in the way.

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"Osting for those who care"

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